

# St. Luke's Episcopal Church Weekly Newsletter

## October 2, 2026



You are invited to the  
St. Luke's in-person  
Sunday Morning  
Service at 9:00 a.m.

If you are unable or  
prefer to join us on Zoom, we will send you  
a Zoom invitation through email. If you  
are not receiving the email, please send the  
office a message.

**LINKS TO ALL OF OUR WEEKLY SERVICES CAN BE FOUND ON**  
[stlukesatascadero.org](http://stlukesatascadero.org)



Sunday  
Tuesdays  
Thursdays

Sunday Eucharist 9:00 a.m.  
Evening Prayer 5:00 p.m.  
Evening Prayer 5:00 p.m.



**October 4**

Job 39:1-18, Psalm 121

Acts 4:32-35, 5:1-11, Luke 12:13-21

**October 11**

Isaiah 25:1-9, Psalm 23

Philippians 4:1-9, Matthew 22:1-14

**October 18**

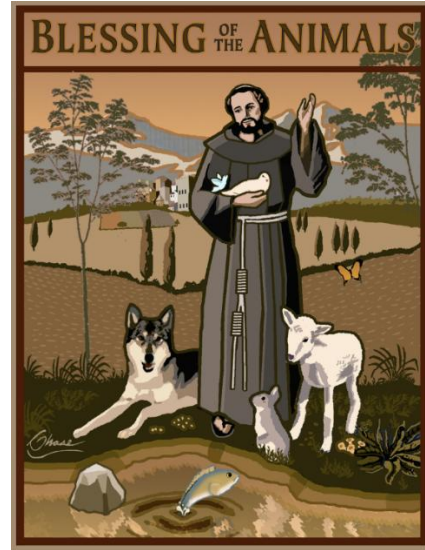
Sirach 38:1-4, 6-10, 12-14, Psalm 147:1-7

Luke 4:14-21

**October 25**

Leviticus 19:1-2, 15-18, Psalm 1

1 Thessalonians 2:1-8, Matthew 22:34-46



## SUNDAY SERVICE SCHEDULE THANK YOU FOR SERVING

**THANK YOU TO THOSE WHO ARE SERVING  
ON SUNDAY, SEPTEMBER 27**

PRESIDER: REV. RICHARD ROLLEFSON

EUCCHARISTIC MINISTER: JUDY LEWIS

FIRST LESSON AND PSALM: JUDY LEWIS

SECOND LESSON: JEANNE OWEN

USHERS/GREETERS: LEANN BROOKS

**THANK YOU TO THOSE WHO ARE SERVING  
ON SUNDAY, OCTOBER 4**

PRESIDER: REV. KAREN SIEGFRIEDT

EUCCHARISTIC MINISTER: STEPHANIE SHERMAN

MUSICIAN: LAURA DELOYE

FIRST LESSON AND PSALM: KATHY HANSEN

SECOND LESSON: JOE MCJIMSEY

USHERS/GREETERS: MARY GRUBER

**ANNOUNCEMENTS FOR OCTOBER:**  
MIKE FERREE

**COFFEE HOUR HOSTS:**

OCTOBER 4 - MIKE AND SALLY FERREE

OCTOBER 11 - ALICE AND ROGER BAKER TABER

OCTOBER 18 - JEANNIE OWEN

OCTOBER 25 - TBA



## ST. LUKE'S FALL CALENDAR

- Zoom Morning Prayer 8:30 a.m. every morning
- Tuesday and Thursday evenings at 5:00 p.m.  
Zoom Evening prayer (link on the website)

|            |                                                            |
|------------|------------------------------------------------------------|
| October 3  | Church Workday                                             |
| October 4  | Rev. Karen Siegfriedt presiding<br>Blessing of the Animals |
| October 6  | Bible Study with Rev. Caro                                 |
| October 11 | Rev. Barbara Miller presiding                              |
| October 18 | St. Luke's Day Healing Service Rev. Karen Siegfriedt       |



## CHURCH WORKDAY PLANNED FOR OCTOBER 3

Plan to join us on Saturday morning, **October 3** to do a little sprucing up of the church grounds. There will be some weeding, pruning and doubtless a few other outside jobs to be completed. Bring gloves and your favorite gardening tools and plan to be with us for a couple of hours or a few minutes or whatever time you can spare. Questions? Call Roger Taber for more information.



## MARK YOUR CALENDARS

The Bishop's visit for 2026 is scheduled for **December 13**. We hope you can be with us in person on that day. If you haven't met the Bishop, it is a great time to do so. If you have met her already, it is still a great time say hello and to extend the hospitality of our St. Luke's community.

## ST. LUKE'S DAY, A TIME FOR HEALING

On **October 18** we will celebrate our namesake, St. Luke the Physician, by having a special time of prayer for healing. Rev. Karen will lead us in lighting candles, anointing, and there will be a time to ask privately for individual prayers of healing for ourselves and others. Join us as we remember the unique calling and gift of St. Luke.



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### THE BLESSING OF THE ANIMALS IS ON THE HORIZON

Sunday, October 4 is the day we welcome our animal kingdom friends for a blessing inside the church. We will again be blessed by the presence of Rev. Karen and Stephanie, our most animal loving clergy. Bring dogs, cats, ducks, snakes, lizards, frogs, ocelots, elephants or whoever. Every living being is welcome in God's family.

For the Blessing of the Animals — St. Luke's Episcopal Church



Today we gather with grateful hearts  
for creatures great and creatures small,  
for every living thing our God  
has lovingly created for us all.  
For dogs who greet us at the door,  
and cats who curl beside our feet,  
for birds whose songs fill morning skies,  
and horses strong, and calm and sweet.  
For rabbits, turtles, fish, and deer,  
for creatures wild and creatures tame,  
for every paw, and wing, and fin,  
we praise the God from whom they came.  
They teach us joy without a word,  
they comfort us when we are sad,  
they stay beside us faithfully  
and make our lives more full and glad.  
They ask so little in return—  
a gentle hand, a place to rest,  
a little food, a little care,  
and love that brings out all their best.  
And so today, here at St. Luke's,  
we bring these friends before our Lord.  
We thank God for the gift they are  
and for the love that they have brought.

O God, Creator of all life,  
bless every animal gathered here.  
Keep them safe, keep them healthy,  
and hold them always in Your care.  
Bless those who love and care for them.  
May we be gentle, kind, and true,  
remembering that the world You made  
is ours to cherish, not undo.  
And when the day comes that we must part  
from a beloved friend we love,  
may we remember with thankful hearts  
the gift You gave us from above.  
For every creature has a place  
within the wonder of Your plan.  
And through their lives, they teach us love—  
the love You place in every hand.  
So, Lord, receive our grateful praise  
for all that lives beneath the sun.  
For every creature, great and small,  
we thank You, God, for everyone.  
May St. Francis remind us all:  
to walk with kindness, love, and grace,  
to see God's image everywhere,  
and find God's presence in every place.  
Amen.

## HALLOWEEN IS LURKING AROUND THE CORNER!



In no time at all the ghosts and goblins will be knocking at our doors pleading for treats. Many will be flooding down Entrada Avenue where churches and stores and individuals will have set up booths to make the annual Trick or Treat ritual easier on parents and safer for the kids. St. Luke's is always enthusiastically represented by Leann Brooks and Barb Babka and Joe McJimsey and Jeannie Owen. They will be placing a box in the back of the church so that during the month of October, you can contribute to their candy munificence. Candies must be individually wrapped. No homemade treats please.

## YOU TOO CAN BE A EUCHARISTIC MINISTER OR A EUCHARISTIC VISITOR



All it takes is 3 hours of training by our friends Deacons Jim and Susan Arnold. The next training will be offered on Saturday, November 21, 2026 10 a.m. to 1:30 p.m. at St. Luke's. The Diocese issues a 3 year "license" and then you too are free to hold the chalice during communion or take communion to a shut-in when needed. I always find it quite meaningful to be able to offer the Cup of Salvation, to know that in many different ways and on many different levels this is comforting and sustaining to those who come to receive it. We currently have only two licensed EM's and two licensed EV's. So, if you have a thought sometimes that you might like to be part of serving communion, please consider that thought a tiny whispering of the Holy Spirit. Contact: Judy Lewis, [\(805\) 226-6662](tel:8052266662) voice/text, [LewmanyJ@gmail.com](mailto:LewmanyJ@gmail.com) for more information or to indicate your intention to attend.

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# Family Caregiver Retreat

Friday, October 9 from 10AM-2PM

St. James Episcopal Church 1335 Oak Street, Paso Robles



- **Featured Speaker: Dr. Sara Bartlett, DSW, LCSW**
  - Dr. Bartlett will discuss the changes, loss, and grief that can occur as your relationship with your loved one changes throughout the disease journey, and offer guidance for navigating these difficult transitions.
- **Accessing Emotional Support Resources with Nell Bennett, LCSW**
- **Body Centering Activity with Lorraine Goldman, CEEAA**
  - Exercise Expert for Aging Adults through APTA (Academy of the American Physical Therapy Association).
- **Afternoon Speaker: Michelle Zulim-Clark from SLO County Public Health**
  - Changes in body mechanics for personal care/safety awareness for dementia family caregivers

The day also includes:

- Chair Massages: Mary Uebersax, LMT
- Lunch & Dessert Provided
- Limited Respite Care: CAPSLO Adult Center right next door!

**RSVP by October 6 at 805.239.5679**

**Questions? Contact Mara Whitten at [mwhitten@capslo.org](mailto:mwhitten@capslo.org)**

Must RSVP! No cost /donations accepted

\*Due to sensitivities, animals are not able to be accommodated\*





## Following Jesus into the Public Square

Practical and Spiritual guidance for living  
into our Baptismal Covenant

**October 17<sup>th</sup> 2026,  
10 am – 3pm  
St Mary's Pacific Grove**

\$25 includes lunch and snacks

We live in a time when political values are in direct opposition to gospel values. Many of us are discouraged and feel that there is little we can do to make a difference even as we see our neighbors being arrested, government programs decimated and the environment devastated. Yet our baptismal covenant calls us to persevere in resisting evil, to strive for justice and peace among all people and respect the dignity of every human being, so we cannot simply step aside.

This workshop will:

- Help you discern how God is calling you to use your gifts
- Provide you with tools to live into your baptismal covenant, rooted in nonviolence
- Give you hope for the possibilities that God can open

Everyone is welcome. Come as you are. Please consider bringing friends from your congregation or community so that you will have a network of support.

The workshop leader will be The Rev. Jaime Edwards-Acton. Jaime has been Rector of St. Stephen's Episcopal Church for over 20 years, a vibrant, bilingual, multi-cultural congregation in the heart of Hollywood. Jaime is co-chair of Sacred Resistance in the Diocese of Los Angeles.

*We understand... a call to stand in resistance to the systemic evils that oppress and marginalize any member of our human family – including but not limited to racism, sexism, nativism, homophobia, anti-Semitism and Islamophobia. Grounded in our baptismal promises, our resistance to public policies that perpetuate those evils is how we put our faith into action in the world. ~ Sacred Resistance6*

**Note: This is a high participation event!**

**Register on the Diocesan website: <https://realepiscopal.org/en/social-justice-event-registration/>**

Sponsored by the Social Justice Committee of the Episcopal Diocese of El Camino Real

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Gather with Taizé Music Sunday Evenings at 7:00 pm. If interested and would like an invitation to attend, please send an email to [castlewood16@gmail.com](mailto:castlewood16@gmail.com) to get on the list.

## Got Newsletter Articles?

**Please send them to Kathy Hansen**

**[Rubykat710@gmail.com](mailto:Rubykat710@gmail.com)**

**Put "Newsletter" in the subject line.**

**The deadline for each week is Tuesday evening.**



MUJERES DE ACCION distributes food to families suffering the effects of ICE actions in our area on the Saturday following the third Wednesday each month.

You can contribute non-perishable food to the distribution by placing it in the box at the back of the church or arranging to drop it off with Mary Gruber by the Friday of that week. Items asked for are: Evaporated milk, chicken bouillon, sugar, instant coffee, pancake mix, apple juice, pinto beans, corn tortillas, rice, pasta, gallon water, peanut butter, strawberry jam, canola oil and diapers.



### THE BOOK GROUP

The Book Group meets on Tuesdays at 11:30 a.m., skipping the first Tuesday of each month when Rev. Caro leads a Bible Study. The current book is "Genesis for Normal People" by Peter Enns and Jared Byas. Contact Jeannie Owen for more information.



### THE BIDDING BOOK & PRAYER REQUESTS

Prayers of thanksgiving or intercession written in the bidding book on the podium at the back of the church are offered during the worship service. They are also added to the Parish Prayer List, maintained by the Daughters of the King, and prayed for during Zoom Evening Prayer on Tuesdays and Thursdays. Emergency prayer requests may be made by calling the church office and leaving a message. Messages are checked daily. The prayer list is updated and refreshed on a regular basis. We are grateful for the faithfulness of the community in praying for those in need.

### JOIN US FOR EVENING PRAYER



This is a wonderful way to bookend your day with a varied and brief service every Tuesday and Thursday at 5:00 PM. You may use the link available on the St. Luke's website ([www.stlukesatascadero.com](http://www.stlukesatascadero.com)) or use any Zoom Evening Prayer invite you have on file. We welcome you to join us.