

St. Luke's Episcopal Church Weekly Newsletter

August 28, 2026



You are invited to the
St. Luke's in-person
Sunday Morning
Service at 9:00 a.m.

If you are unable or
prefer to join us on Zoom, we will send you
a Zoom invitation through email. If you
are not receiving the email, please send the
office a message.

LINKS TO ALL OF OUR WEEKLY SERVICES CAN BE FOUND ON
stlukesatascadero.org



Sunday
Tuesdays
Thursdays

Sunday Eucharist 9:00 a.m.
Evening Prayer 5:00 p.m.
Evening Prayer 5:00 p.m.



August 30

Jeremiah 15:15-21, Psalm 26:1-8

Romans 12:9-21, Matthew 16:21-28



SUNDAY SERVICE SCHEDULE THANK YOU FOR SERVING

THANK YOU TO THOSE WHO ARE SERVING ON SUNDAY, AUGUST 30

PRESIDER: REV. BARBARA MILLER
EUCCHARISTIC MINISTER: KATHY HANSEN
MUSICIAN: LAURA DELOYE
FIRST LESSON AND PSALM: TIM PECK
SECOND LESSON: JUDY LEWIS
USHERS/GREETERS: JAN HICKOK

THANK YOU TO THOSE WHO ARE SERVING ON SUNDAY, SEPTEMBER 6

PRESIDER: REV. KAREN SIEGFRIEDT
EUCCHARISTIC MINISTER: STEPHANIE SHERMAN
MUSICIAN: LAURA DELOYE
FIRST LESSON AND PSALM: KATHY HANSEN
SECOND LESSON: JOE MCJIMSEY
USHERS/GREETERS: MARY GRUBER

ANNOUNCEMENTS FOR AUGUST:

JOE MCJIMSEY

COFFEE HOUR HOSTS

AUGUST 30	MARY GRUBER
SEPTEMBER 6	MIKE AND SALLY FERREE
SEPTEMBER 13	ROGER & ALICE BAKER TABER
SEPTEMBER 20	JEANNIE OWEN



ST. LUKE'S SUMMER CALENDAR

- Zoom Morning Prayer 8:30 a.m. every morning
- Tuesday and Thursday evenings at 5:00 p.m.
Zoom Evening prayer (link on the website)

August 30	Rev. Barbara Miller presiding
September 1	Bible Study with Rev. Caro
September 6	Rev. Karen Siegfriedt presiding
September 13	Morning Prayer with Bible Study lead by Rev. Tim Peck & Vestry of the Whole and potluck following service
September 20	Rev. Karen Siegfriedt presiding
September 27	Rev. Richard Rollefson presiding

Since we have been enjoying this Poetry section lately, let's try sharing some more of the writings that we as individuals have found meaningful. You are invited to send a poem or paragraph along with a short sentence explaining why you chose it for us to print in this space.



Another great reading sent to us by Rev. Karen:

A PRAYER FOR OUR BODIES

"Dear God,

These bodies you gave us ... I mean, there's a lot to love about them.

First of all, they can sing – so, good job on that one.

And they can laugh at bad jokes and walk across the street to say hi to our neighbor's dog.

And these bodies you gave us can smell fresh lavender and savor the taste of perfectly ripe cantaloupe in August.

And honestly, it's pretty amazing the way the skin of someone we love can feel on our own skin. So, that's pretty cool.

But I do have some notes.

Because these bodies are so fragile. So easily wounded and prone to sickness.

They age and get soft and just sort of slowly slip toward the ground like they're really tired of holding it all up.

And then sometimes our bodies stop making insulin or our knees suddenly can't do really simple things for us anymore (like reliably get us up from the damn sofa), or our cells lose their minds and mutate in ways that make us need to remove and/or poison entire parts of these bodies you gave us just so we don't die ...and *if I'm honest*, that feels like a pretty major design flaw.

But then they can also magically knit themselves back together - which, *if I'm honest*, is kind of mind blowing. That they can be sliced opened, fixed, closed - and then...somehow... cells come to repair the whole thing, collagen lays down across the incision like the lattice top of our grandmother's apple pie, and one day we are whole again. Crossing the street to say hi to the neighbor's dog.

Pretty cool.

These bodies you gave us, God...

please help us be a little more patient when they disappoint us,
and a little more respectful when they need something from us,
and a little more grateful when they take such good care of us.

Because we are just down here doing our best with what we've been given.

Amen." (*The Rev. Nadia Boltzmann Weber*)

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CHRISTMAS BAZAAR



There are many things you can do to support one of our major fundraisers, the Christmas Bazaar. You don't have to be a jam or jelly maker. You can just purchase jars or sugar or lids or pectin and bring it to church for those who do turn fruit into delicious toppings for toast and pancakes. Our main emphasis this year is jam and jelly but you can contribute other things. You could plan what baked goods you would like to bring to the Bazaar, baked goods are always popular. If you have a hobby where you make things, like pot holders or ceramic pots or jewelry, you could make something (or things) to bring to the Bazaar. Or

you could just volunteer to be present for set-up or during the sale or for clean-up. Of course, we hope you will plan to stop by the Bazaar on December 4 and purchase things, because where else are you going to get your year's supply of the most delicious homemade jam (or jelly)? Or maybe fudge, or cookies or a scarf or...

Wondering What These Christmas Trees Are All About?

Mike Ferree has in past years made wooden Christmas trees out of barrel staves for sale at our Christmas Bazaar. Who would not want a beautiful Christmas tree that can be taken out of a box and set up on a table in five minutes to bring the joy of the season into the house but not take up too much room or necessitate wrestling with tangled strings of lights? This year Mike has decided to take pre-orders so he can make exactly what you want and have it ready for this Christmas season. The order forms are in the back of the church. Remember all the proceeds after the cost of materials goes to the Christmas Bazaar.



Gather with Taizé Music Sunday Evenings at 7:00 pm If interested and would like an invitation to attend, please send an email to castlewood16@gmail.com to get on the list.

Got Newsletter Articles?

Please send them to Kathy Hansen

Rubykat710@gmail.com

Put "Newsletter" in the subject line.

The deadline for each week is Tuesday evening.



MUJERES DE ACCION distributes food to families suffering the effects of ICE actions in our area on the Saturday following the third Wednesday each month.

You can contribute non-perishable food to the distribution by placing it in the box at the back of the church or arranging to drop it off with Mary Gruber by the Friday of that week. Items asked for are: Evaporated milk, chicken bouillon, sugar, instant coffee, pancake mix, apple juice, pinto beans, corn tortillas, rice, pasta, gallon water, peanut butter, strawberry jam, canola oil and diapers.

THE BOOK GROUP

The Book Group meets on Tuesdays at 11:30 a.m. skipping the first Tuesday of each month when Rev. Caro leads a Bible Study. The current

book is "Genesis for Normal People" by Peter Enns and Jared Byas. Contact Jeannie Owen for more information.



THE BIDDING BOOK & PRAYER REQUESTS

Prayers of thanksgiving or intercession written in the bidding book on the podium at the back of the church are offered during the worship service. They are also added to the Parish Prayer List, maintained by the Daughters of the King, and prayed for during Zoom Evening Prayer on Tuesdays and Thursdays. Emergency prayer requests may be made by calling the church office and leaving a message. Messages are checked daily. The prayer list is updated and refreshed on a regular basis. We are grateful for the faithfulness of the community in praying for those in need.

JOIN US FOR EVENING PRAYER



This is a wonderful way to bookend your day with a varied and brief service every Tuesday and Thursday at 5:00 PM. You may use the link available on the St. Luke's website (www.stlukesatascadero.com) or use any Zoom Evening Prayer invite you have on file. We welcome you to join us.