

St. Luke's Episcopal Church Weekly Newsletter

August 7, 2026



You are invited to the St. Luke's in-person Sunday Morning Service at 9:00 a.m.

If you are unable or prefer to join us on Zoom, we will send you a Zoom invitation through email. If you are not receiving the email, please send the office a message.

LINKS TO ALL OF OUR WEEKLY SERVICES CAN BE FOUND ON
stlukesatascadero.org



Sunday
Tuesdays
Thursdays

Sunday Eucharist 9:00 a.m.
Evening Prayer 5:00 p.m.
Evening Prayer 5:00 p.m.



August 9

1 Kings 19:9-18, Psalm 85:8-13
Romans 10:5-15, Matthew 14:22-33

August 16

Isaiah 56:1,6-8, Psalm 67
Romans 11:1-2a, 29-32, Matthew 15: (10-20), 21-28

August 23

Isaiah 51:1-6, Psalm 138
Romans 12:1-8, Matthew 16:13-20

August 30

Jeremiah 15:15-21, Psalm 26:1-8
Romans 12:9-21, Matthew 16:21-28

Focus on Me, not the storm.

Matthew 14:22-33



SUNDAY SERVICE SCHEDULE THANK YOU FOR SERVING

**THANK YOU TO THOSE WHO ARE SERVING
ON SUNDAY, AUGUST 9**
OFFICIANT: JUDY LEWIS

BIBLE STUDY: THE REV. TIM PECK
FIRST LESSON AND PSALM: LEANN BROOKS
SECOND LESSON: BROOKS PECOT
USHERS/GREETERS: MIKE & SALLY FERREE

**THANK YOU TO THOSE WHO ARE SERVING
ON SUNDAY, AUGUST 15**

PRESIDER: REV. KAREN SIEGFRIEDT
EUCCHARISTIC MINISTER: STEPHANIE SHERMAN
FIRST LESSON AND PSALM: KATHY HANSEN
SECOND LESSON: JUDY LEWIS
USHERS/GREETERS: BROOKS PECOT

ANNOUNCEMENTS FOR AUGUST:
JOE MCJIMSEY

COFFEE HOUR HOSTS

AUGUST 9	MIKE AND SALLY FERREE
AUGUST 16	JEANNIE OWEN
AUGUST 23	TBA
AUGUST 30	MARY GRUBER



ST. LUKE'S SUMMER CALENDAR

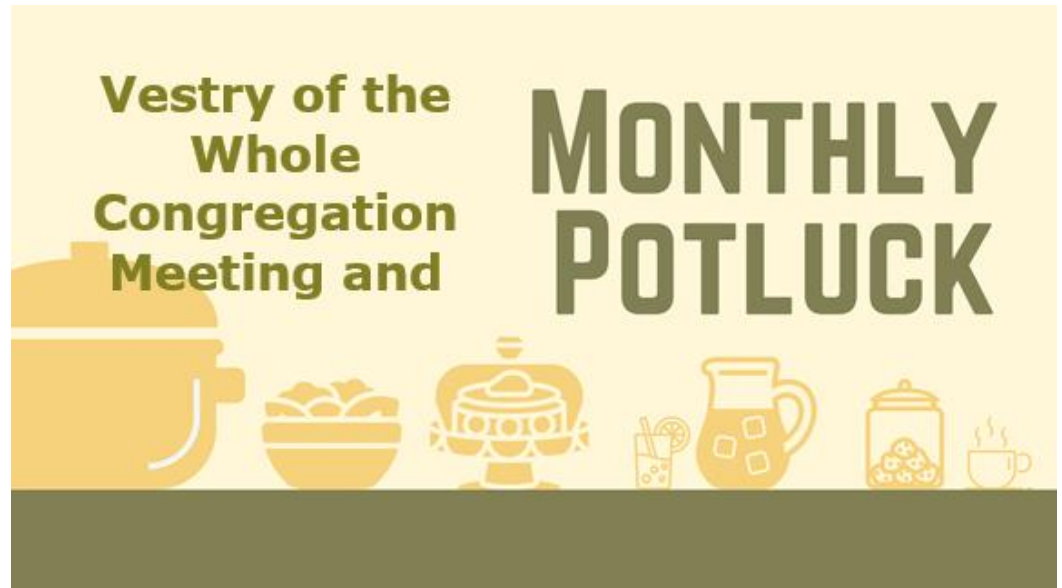
- Zoom Morning Prayer 8:30 a.m. every morning
- Tuesday and Thursday evenings at 5:00 p.m.
- Zoom Evening prayer ([link on the website](#))

July All of July is "Stuff a Backpack" offering Month

August 8	Quilt Day 9 a.m. – 12 noon
August 9	Morning Prayer, Rev. Tim Peck leading Bible Study Vestry of the Whole and potluck follows the service
August 16	Rev. Karen Siegfriedt presiding
August 23	Rev. Richard Rollefson presiding
August 30	Rev. Barbara Miller presiding
September 1	Bible Study with Rev. Caro
September 6	Rev. Karen Siegfriedt presiding

VESTRY OF THE WHOLE THIS SUNDAY, AUGUST 9 10 AM OR THEREABOUTS

The Morning Prayer service with a Bible Study, lead by Rev. Tim Peck, will be followed by a potluck brunch and the meeting will begin shortly afterwards. St. Luke's Vestry of the Whole is composed of any regularly attending member who attends the Vestry of the Whole meeting. This means you! Come help us keep you informed. (And occasionally make decisions.)



THE BOOK GROUP IS CHANGING BOOKS AND DATES

Starting Tuesday, June 30 the Book Group will meet on Tuesdays at 11:30 a.m. skipping the first Tuesday of each month when Rev. Caro leads a Bible Study. The new book will be "Genesis for Normal People" by Peter Enns and Jared Byas. Contact Jeannie Owen for more information.

**BOOK CLUB
MEETING
CHANGE**



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STUFFING THE BUS



This is the last Sunday to add to our offering of school supplies for the children of our area. We know that public schools these days are often underfunded and that teachers often purchase supplies from their own wages. Our Stuff the Bus project helps us to do a small part in helping with that situation. We have quite a collection under the altar and hope that it will grow a bit again this Sunday. Thank you to everyone who has contributed! After the Vestry of the Whole this Sunday we will be delivering these supplies to our local United Way drop-off point where they will be mingled with the offerings of other organizations and people and distributed to the schools.

QUILT DAY IS UPON US!



This Saturday, August 8 at 9 a.m. to Noon, an enthusiastic group of creative people will gather in the undercroft to construct simple quilts to be sent to disaster and poverty stricken areas around the world. The quilt making is the fun part, we select blocks of fabric to be sewn into tops, which are then layered with a blanket, and a backing sheet and tied together comforter style. The quilts all bear a heart saying "Made with Love by the people of St. Luke's Church Atascadero" Usually we can finish as many as 3 or 4 in a morning. They are then blessed in the worship service and sent along to the Mennonites who do the hard part of distributing to people who need them via their world-wide disaster relief system. Bales of quilts from all over the US are sent to places where people use them for blankets, for walls, for shelter against the cold. Our group always has room for more hands. Sewing skills are not necessary. There is plenty of work composing tops, layering, and tying. Men, women, children and adults are all welcome. Join us for a fun and helpful morning.

ANOTHER SUCCESSFUL ECHO MEAL

ECHO
El Camino Homeless Organization



Thank you to all cooks who contributed to our St. Luke's commitment to provide the dinner for El Camino Homeless Organization (ECHO) this month. As usual your cooking prowess was much appreciated. We provided excellent casseroles and salads and cookies for dessert. Special thanks to everyone who baked a casserole on such a hot afternoon! If you did not contribute and would like to be part of the team for next month, please contact Kathy Hansen, rubykat710@gmail.com and she will put you on the list to be contacted. Christmas Bazaar scheduled for Friday, December 4.

CHRISTMAS BAZAAR



This year's Bazaar will emphasize the jams and jellies, with possibly some baked goods and possibly some crafts. If you feel like creating crafts or baked goods, you are invited to do so but we will not plan on having the huge number and variety of crafts as in past years. One way to support our jam and jelly makers is to donate jars, lids, sugar and pectin. There will be a basket in the back of the church starting this Sunday to collect these contributions. If you have fruit, please speak with either Jan Hickok or Betsy Blank to find out if it can be used. Next month we will have sign-up sheets out so you can commit to helping with the Bazaar in whatever way works for you.

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ANOTHER WONDERFUL POEM FROM REV. KAREN.

FEAR

Fear thrives in isolation.

It grows when we sit alone with worst-case scenarios.

It multiplies when we imagine futures that may never arrive.

But fear struggles to survive gratitude.

Try something simple today.

Before focusing on what is wrong, thank God for three blessings.

Not tomorrow.

Not later.

Right now.

Gratitude shifts our attention from scarcity to abundance.

From panic to trust.

From fear to faith.

The circumstances may not change immediately.

But your perspective often will.

Gratitude reminds us that God's goodness is already present, even in difficult seasons."

Fr. Don Purdue

And here is a poem from Jeanne Owen

She writes: I like it because I think this is where Tolkien got the idea of a middle-earth. He taught Anglo-Saxon lit. at Oxford.

Now we must praise the Ruler of Heaven,

The might of the Lord and His purpose of mind,

The work of the Glorious Father; for He

God Eternal, established each wonder,

He, Holy Creator, first fashioned the heavens

As a roof for the children of earth.

And then our Guardian, the Everlasting Lord,

Adorned this middle-earth for men.

Praise the Almighty King of Heaven.

Caedmon A.D. 657-680.



Dear Kathy & St. Luke's Congregation,
Thank you so much for inviting CASA and myself to come speak at your Congregation in June, to share about our program and current needs. It was a pleasure to meet your welcoming members, and to answer their questions. We are also so grateful for the generous offerings you donated to help the local children and youth in foster care who CASA serve. Your gifts will help provide stable, caring adult advocates to our kids who need it the most.

Thank you again!

-Katrina Cathcart
SCO CASA

We appreciate all you do!

from all of us at CASA of San Luis Obispo County

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July 30, 2026

St. Luke's Episcopal Church
Kathy Hanson
5318 Palma Ave
Atascadero, CA 93422

Dear Friends,

Thank you for your generous gift of \$297.00 to CASA of San Luis Obispo County, received on July 22, 2026. Your kindness is making a real and lasting difference for children in foster care right here in our community.

Because of you, a child facing uncertainty has a consistent adult showing up just for them — someone who listens, advocates, and helps ensure their voice is heard in decisions that shape their future.

Your impact in action:

Melanee entered foster care at age six and experienced more than 16 placements, hospitalizations for mental health needs, and constant changes in schools and providers. Through it all, she had one steady presence — her CASA volunteer, Kathleen — who showed up reliably for nine years, advocated for her educational needs and mental health care, supported visits with her brother, and made sure she felt cared for in everyday ways, from helping with school projects to theater bake sales. Today, as Melanee steps into adulthood, she does so with greater stability, confidence, and a sense of belonging — knowing she has someone in her corner. Her relationship with Kathleen continues, a lasting source of support and connection as she builds her future.

Stories like this happen every day because compassionate supporters like you who believe children in foster care deserve stability, dignity, and hope. We are truly grateful to have your support.

With gratitude,

Kat. Cathcart



Gather with Taizé Music Sunday Evenings at 7:00 pm If interested and would like an invitation to attend, please send an email to castlewood16@gmail.com to get on the list.

Got Newsletter Articles?

Please send them to Kathy Hansen

Rubykat710@gmail.com

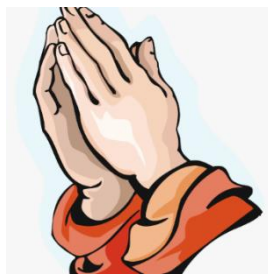
Put “Newsletter” in the subject line.

The deadline for each week is Tuesday evening.



MUJERES DE ACCION distributes food to families suffering the effects of ICE actions in our area on the Saturday following the third Wednesday each month. You can contribute non-perishable food to the distribution by placing it in

the box at the back of the church or arranging to drop it off with Mary Gruber by the Friday of that week. Items asked for are: Evaporated milk, chicken bouillon, sugar, instant coffee, pancake mix, apple juice, pinto beans, corn tortillas, rice, pasta, gallon water, peanut butter, strawberry jam, canola oil and diapers.



THE BIDDING BOOK & PRAYER REQUESTS

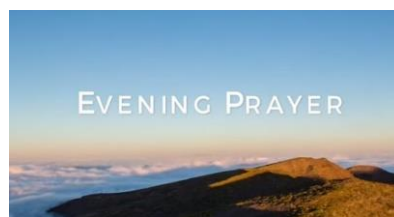
Over the past several years the parish prayer list has experienced an enormous growth. This warms the heart. The issue has become how to most effectively offer these prayers during our worship services over the course of a week. So effectively offer our intercessions and thanksgivings we will do the following;

During the Sunday services we will pray only for those who are listed in the bidding book (which you will find on the podium at the back of the church) and from the 'chat' on Zoom. During Evening Prayer on Tuesdays and Thursdays we will offer our prayers using the parish prayer list which is managed by the Daughters of the King. This prayer list is updated and refreshed on a regular basis.

We are grateful for the faithfulness of the community in praying for those in need.

We will review this practice of sharing our corporate prayer concerns on a regular basis.

JOIN US FOR EVENING PRAYER



This is a wonderful way to bookend your day with a varied and brief service every Tuesday

and Thursday at 5:00 PM. You may use the link available on the St. Luke's website (www.stlukeatascadero.com) or use any Zoom Evening Prayer invite you have on file. We welcome you to join us.