

St. Luke's Episcopal Church Weekly Newsletter

September 25, 2026



You are invited to the
St. Luke's in-person
Sunday Morning
Service at 9:00 a.m.

If you are unable or
prefer to join us on Zoom, we will send you
a Zoom invitation through email. If you
are not receiving the email, please send the
office a message.

LINKS TO ALL OF OUR WEEKLY SERVICES CAN BE FOUND ON
stlukesatascadero.org



Sunday
Tuesdays
Thursdays

Sunday Eucharist 9:00 a.m.
Evening Prayer 5:00 p.m.
Evening Prayer 5:00 p.m.



September 27

Ezekiel 18:1-4, 25-32, Psalm 25:1-8

Philippians 2:1-13, Matthew 21:23-32



SUNDAY SERVICE SCHEDULE THANK YOU FOR SERVING

THANK YOU TO THOSE WHO ARE SERVING ON SUNDAY, SEPTEMBER 27

PRESIDER: REV. RICHARD ROLLEFSON

EUCCHARISTIC MINISTER: JUDY LEWIS

FIRST LESSON AND PSALM: JUDY LEWIS

SECOND LESSON: JEANNE OWEN

USHERS/GREETERS: LEANN BROOKS

THANK YOU TO THOSE WHO ARE SERVING ON SUNDAY, OCTOBER 4

PRESIDER: REV. KAREN SIEGFRIEDT

EUCCHARISTIC MINISTER: STEPHANIE SHERMAN

MUSICIAN: LAURA DELOYE

FIRST LESSON AND PSALM: KATHY HANSEN

SECOND LESSON: JOE MCJIMSEY

USHERS/GREETERS: MARY GRUBER

ANNOUNCEMENTS FOR SEPTEMBER: LEANN BROOKS

COFFEE HOUR HOSTS



ST. LUKE'S SUMMER CALENDAR

- Zoom Morning Prayer 8:30 a.m. every morning
- Tuesday and Thursday evenings at 5:00 p.m.
Zoom Evening prayer (link on the website)

September 27	Rev. Richard Rollefson presiding
October 3	Church Workday
October 4	Rev. Karen Siegfriedt presiding Blessing of the Animals
October 6	Bible Study with Rev. Caro
October 11	Rev. Barbara Miller presiding
October 18	St. Luke's Day Healing Service Rev. Karen Siegfriedt

CHURCH WORKDAY PLANNED FOR OCTOBER 3

Plan to join us on Saturday morning, **October 3** to do a little sprucing up of the church grounds. There will be some weeding, pruning and doubtless a few other outside jobs to be completed. Bring gloves and your favorite gardening tools and plan to be with us for a couple of hours or a few minutes or whatever time you can spare. Questions? Call Roger Taber for more information.



THE BLESSING OF THE ANIMALS IS ON THE HORIZON

Sunday, October 4 is the day we welcome our animal kingdom friends for a blessing inside the church. We will again be blessed by the presence of Rev. Karen and Stephanie, our most animal loving clergy. Bring dogs, cats, ducks, snakes, lizards, frogs, ocelots, elephants or whoever. Every living being is welcome in God's family.



MARK YOUR CALENDARS

The Bishop's visit for 2026 is scheduled for **December 13**. We hope you can be with us in person on that day. If you haven't met the Bishop, it is a great time to do so. If you have met her already, it is still a great time say hello and to extend the hospitality of our St. Luke's community.

ST. LUKE'S DAY, A TIME FOR HEALING

On **October 18** we will celebrate our namesake, St. Luke the Physician, by having a special time of prayer for healing. Rev. Karen will lead us in lighting candles, anointing, and there will be a time to ask privately for individual prayers of healing for ourselves and others. Join us as we remember the unique calling and gift of St. Luke.



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The Jams and Jellies are mostly made! Thank you to everyone who contributed sugar, jars, pectin and lids. Your support has been amazing! We appreciate your contributions and hope your craft projects and baskets are coming along beautifully. Be sure to come to the Christmas Bazaar on December 4 to take home some crafts and some sweet and delicious jams or jellies.

St Luke's Episcopal Church
5318 Palma Avenue
Atascadero, CA

*Faith
Community
Service
Together*

**Holiday
BAZAAR**

**Friday, December 4
9 AM to 6 PM**

SHOP LOCAL
SUPPORT
OUR CHURCH
UNIQUE GIFTS
SOMETHING
FOR EVERYONE

**Jams and Jellies
Baked Goods
and Lots of
Craft Items!**

Gift
Baskets
for Everyone
on Your
List!

Handmade
Treasures
Make the
Best Gifts!

All Are Welcome!



PR SENIOR CENTER

HOLIDAY CRAFT FAIR

SATURDAY, NOVEMBER 14TH

9:00 AM – 1:00 PM

OPEN TO THE PUBLIC!

Shop
Local
♥
Support
Local

COME SHOP LOCAL ARTISANS
AND FIND UNIQUE, HANDMADE
ITEMS INCLUDING:

- Handmade Crafts
- Home Décor
- Holiday Decorations
- Baked Goods
- Jewelry
- And More!

VENDOR
TABLES
AVAILABLE

MEMBER PRICING

3-FOOT TABLE	6-FOOT TABLE
\$15	\$25

NON-MEMBER PRICING

3-FOOT TABLE	6-FOOT TABLE
\$30	\$40

Thank you
for supporting
local makers!

Support
Local
Makers



For Vendor Registration
& Information:
Paso Robles Senior Center Staff
805-237-3880



PASO ROBLES SENIOR CENTER
270 Scott Street
Paso Robles, CA 93446

Shop Local ♦ Support Local ♦ Celebrate the Season!

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Family Caregiver Retreat

Friday, October 9 from 10AM-2PM

St. James Episcopal Church 1335 Oak Street, Paso Robles



Caregiving for someone with dementia can be a journey filled with love, change, loss, and many emotions. Take a day for you to learn, connect, relax, and receive support.

- **Featured Speaker: Dr. Sara Bartlett, DSW, LCSW**
 - Dr. Bartlett will discuss the changes, loss, and grief that can occur as your relationship with your loved one changes throughout the disease journey, and offer guidance for navigating these difficult transitions.
- **Accessing Emotional Support Resources with Nell Bennett, LCSW**
- **Body Centering Activity with Lorraine Goldman, CEEAA**
 - Exercise Expert for Aging Adults through APTA (Academy of the American Physical Therapy Association).
- **Afternoon Speaker: Michelle Zulim-Clark from SLO County Public Health**
 - Changes in body mechanics for personal care/safety awareness for dementia family caregivers

The day also includes:

- Chair Massages: Mary Uebersax, LMT
- Lunch & Dessert Provided
- Limited Respite Care: CAPSLO Adult Center right next door!

RSVP by October 6 at 805.239.5679

Questions? Contact Mara Whitten at mwhitten@capslo.org

Must RSVP! No cost /donations accepted

Due to sensitivities, animals are not able to be accommodated



Following Jesus into the Public Square

Practical and Spiritual guidance for living into our Baptismal Covenant



October 17th 2026,

10 am – 3pm

St Mary's Pacific Grove

\$25 includes lunch and snacks

We live in a time when political values are in direct opposition to gospel values. Many of us are discouraged and feel that there is little we can do to make a difference even as we see our neighbors being arrested, government programs decimated and the environment devastated. Yet our baptismal covenant calls us to persevere in resisting evil, to strive for justice and peace among all people and respect the dignity of every human being, so we cannot simply step aside. This workshop will:

- Help you discern how God is calling you to use your gifts
- Provide you with tools to live into your baptismal covenant, rooted in nonviolence
- Give you hope for the possibilities that God can open

Everyone is welcome. Come as you are. Please consider bringing friends from your congregation or community so that you will have a network of support.

The workshop leader will be The Rev. Jaime Edwards-Acton. Jaime has been Rector of St. Stephen's Episcopal Church for over 20 years, a vibrant, bilingual, multi-cultural congregation in the heart of Hollywood. Jaime is co-chair of Sacred Resistance in the Diocese of Los Angeles.

We understand... a call to stand in resistance to the systemic evils that oppress and marginalize any member of our human family – including but not limited to racism, sexism, nativism, homophobia, anti-Semitism and Islamophobia. Grounded in our baptismal promises, our resistance to public policies that perpetuate those evils is how we put our faith into action in the world. ~ Sacred Resistance6

Note: This is a high participation event!

Register on the Diocesan website: <https://realepiscopal.org/en/social-justice-event-registration/>

Sponsored by the Social Justice Committee of the Episcopal Diocese of El Camino Real

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CHANGING THE GUARD



September is the optimum time for considering the changes in leadership that will happen at the beginning of the next year. Changes of leadership mean fresh ideas and new ways of approaching the work of St. Luke's. New leaders bring vitality and new energy. Much as our bodies and brains work best with a constant flow of aerated blood to our cells, the body of the church works best with a steady flow of energized and renewed leadership. This year, Mike is passing along his role as Sr. Warden, Alice has requested a new Stewardship Honcho and Ann is in need of help getting the employee folders in order. Each person who is leaving their current job is ready and willing to mentor their successor. Job descriptions are available. If you feel a degree of curiosity or enthusiasm for any of the three tasks mentioned above, perhaps the Lord is guiding you to try a new thing. We do believe that, small as St. Luke's is, there will always be those who are filled with joy to do the work that needs to be done. First pray. Then contact any member of the Executive Committee to find out more about; being the Sr. Warden, honchoing the Stewardship Drive, or helping with the employee files. Mike Ferree, Leann Brooks, Ann Holley, Alice Baker Taber or Kathy Hansen.

Since we have been enjoying this Poetry section lately, let's try sharing some more of the writings that we as individuals have found meaningful. You are invited to send a poem or paragraph along with a short sentence explaining why you chose it for us to print in this space.



A Poem on Hope

It is hard to have hope. It is harder as you grow old,
for hope must not depend on feeling good
and there's the dream of loneliness at absolute midnight.
You also have withdrawn belief in the present reality
of the future, which surely will surprise us,
and hope is harder when it cannot come by prediction
anymore than by wishing. But stop dithering.
The young ask the old to hope. What will you tell them?
Tell them at least what you say to yourself.
Because we have not made our lives to fit
our places, the forests are ruined, the fields, eroded,
the streams polluted, the mountains, overturned. Hope
then to belong to your place by your own knowledge
of what it is that no other place is, and by
your caring for it, as you care for no other place, this
knowledge cannot be taken from you by power or by wealth.
It will stop your ears to the powerful when they ask
for your faith, and to the wealthy when they ask for your land
and your work. Be still and listen to the voices that belong
to the stream banks and the trees and the open fields.
Find your hope, then, on the ground under your feet.
Your hope of Heaven, let it rest on the ground underfoot.
The world is no better than its places. Its places at last
are no better than their people while their people
continue in them. When the people make
dark the light within them, the world darkens.
- Wendell Berry, gone after a long life

Karen Siegfriedt+

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Gather with Taizé Music Sunday Evenings at 7:00 pm If interested and would like an invitation to attend, please send an email to castlewood16@gmail.com to get on the list.

Got Newsletter Articles?

Please send them to Kathy Hansen

Rubykat710@gmail.com

Put "Newsletter" in the subject line.

The deadline for each week is
Tuesday evening.



MUJERES DE ACCION distributes food to families suffering the effects of ICE actions in our area on the Saturday following the thir Wednesday each month.

You can contribute non-perishable food to the distribution by placing it in the box at the back of the church or arranging to drop it off with Mary Gruber by the Friday of that week. Items asked for are: Evaporated milk, chicken bouillon, sugar, instant coffee, pancake mix, apple juice, pinto beans, corn tortillas, rice, pasta, gallon water, peanut butter, strawberry jam, canola oil and diapers.



THE BOOK GROUP

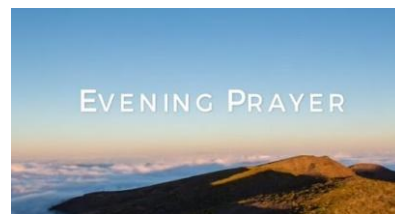
The Book Group meets on Tuesdays at 11:30 a.m. skipping the first Tuesday of each month when Rev. Caro leads a Bible Study. The current book is "Genesis for Normal People" by Peter Enns and Jared Byas. Contact Jeannie Owen for more information.



THE BIDDING BOOK & PRAYER REQUESTS

Prayers of thanksgiving or intercession written in the bidding book on the podium at the back of the church are offered during the worship service. They are also added to the Parish Prayer List, maintained by the Daughters of the King, and prayed for during Zoom Evening Prayer on Tuesdays and Thursdays. Emergency prayer requests may be made by calling the church office and leaving a message. Messages are checked daily. The prayer list is updated and refreshed on a regular basis. We are grateful for the faithfulness of the community in praying for those in need.

JOIN US FOR EVENING PRAYER



This is a wonderful way to bookend your day with a varied and brief service every Tuesday and Thursday at 5:00 PM. You may use the link available on the St. Luke's website (www.stlukesatascadero.com) or use any Zoom Evening Prayer invite you have on file. We welcome you to join us.